

SBC Student Guide for Preparing For Your Video Application

This guide has been designed to help you feel confident and prepared for your video call as part of the SBC scholarship interview process. We understand that it can be challenging to organise your thoughts under pressure, so this document provides simple prompts and a clear structure to help you present your best self. By using this guide, you'll have the tools to express your personal qualities, experiences, and enthusiasm for joining the SBC community in a way that feels natural and authentic.

We're excited to learn more about you and what makes you unique!

Question to Answer:

Tell us about a time when you showed a quality or skill that helped others? What happened, and how did your actions make a difference?

1 Introduction (Start Here):

Begin by saying your name, age, and where you're from.

Example: "My name is [Name], I'm [age], and I'm from [city/country]."

Mention one thing about yourself, like a hobby, a subject you enjoy, or something you're proud of.

Example: "I enjoy [hobby or interest] because it helps me [reason]."

2 Share a Key Quality (Main Part):

Tell us about a time when you showed a quality or skill that helped others? What happened, and how did your actions make a difference?

Example: "A quality I've shown is [quality], I showed this because [reason or experience where you showed it]. My actions made a difference by..."

If you can, share a short story or example that shows this quality in action.

Example: "For instance, I once [brief example], and it showed me how important [quality] is."

3 Relate It to SBC (Optional):

If you want, you can mention why you think this quality would be helpful at SBC.

Example: "I think being [quality] would help me contribute to the activities and teamwork at SBC."

4 Finish Strong (Conclusion):

End by sharing your excitement about the opportunity to join SBC.

Example: "I'm looking forward to meeting new people and contributing in any way I can."

Mention how you hope to grow or learn during the summer.

Example: "I'm also excited to develop new skills and take part in the unique experiences SBC offers."

Naming: Please add your full name into the title of the video before submitting

Length of Video: Max 3 Minutes

File Format: MP4

